

UNOFFICIAL ENGLISH TRANSLATION

KNOW YOUR STATUS IN THE COVID-19 CHAIN

STATUS	CATEGORY	THE PROCEDURE YOU SHOULD UNDERTAKE	CHANGE IN CATEGORY
A patient confirmed as COVID-19 positive	1	If asymptomatic or with mild symptoms and you fulfil other set criteria, you can undertake selfmonitoring and self-isolation at home for a prescribed period of time. For those with severe symptoms or a comorbidity, you will be referred to a hospital or a Quarantine and Low-Risk COVID-19 Treatment Centre for further treatment. A repeat swab test is not required.	YOU ARE A COVID- 19 POSITIVE CASE
An individual in CLOSE CONTACT with an individual from category 1	2	You must self-quarantine at home for 10 days. A COVID-19 test must be taken for those with symptoms or upon an order by the District Health Office (DHO). A repeat swab test is not required unless ordered by the DHO.	If the COVID-19 test result is positive, your status will change to category 1. If the COVID-19 test result is negative, continue to self-quarantine at home for 10 days.



STATUS	CATEGORY	THE PROCEDURE YOU SHOULD UNDERTAKE	CHANGE IN CATEGORY
An individual in CLOSE CONTACT with an individual from category 2	3	Encouraged to work from home. If forced to attend at work, limit your movement between home and the workplace. At the workplace, avoid face-to-face interaction with the public and colleagues, and comply with strict SOPs. Period: For 10 days from the last day of exposure to the category 2 individual or until their result is obtained. If the contact is from within the same household, practise physical distancing from the category 2 individual and avoid eating or sleeping together.	If the category 2 contact is confirmed as COVID-19 positive , your status will change to category 2.
An individual in CLOSE CONTACT with an individual from category 3	4	No special prohibition. Please obtain status updates from category 3 on whether they have been changed to category 2.	If your close contact in category 3 changes to category 2, your status will change from category 4 to category 3.

DEFINITION OF 'CLOSE CONTACT'

- 1. A family member within the same household / colleague working within the same space / classmate / being in the same vehicle with a positive case.
- 2. Face-to-face interaction with a positive case for more than 15 minutes with less than 1 meter distancing in an enclosed area.
- 3. No face-to-face interaction but being in the same air-conditioned room for more than 2 hours with a positive case.
- 4. Being in the same vehicle 2 seats apart with a positive case.

Translated on: 8 March 2021